# **Loatlands Edition**

# **Respect, Resilience and Curiosity**

# Issue 22 - Friday 17th March 2023

Telephone: 01536 903713 Email: parents@loatlands.pfschools.org.uk Website: www.loatlandsprimary.net

# Dates for your Diary

Please follow the link below for the yearly planner https://loatlandsprimary.net/news-dates/letters-home

# <u>Spare Clothing Plea</u>

Reception, Year 1 and Year 2 are in desperate need of spare clothes. If you have any to donate we would be very grateful, particularly tights, pants, socks and leggings.

Thank you

# <u>PE Kit Reminder</u>

Please ensure children are coming to school on PE days in the correct PE kit.

- Dark, plain tracksuit bottoms or shorts
- Red, plain or Loatlands Logo tshirt
- Dark, plain sweatshirt

Donations Needed!

- Plimsolls to change into for indoor PE
- Suitable trainers, preferably no sequins or glitter if possible



# **Scooters and Bikes**

We were sad to hear that unfortunately there have been at least 2 scooters taken from the bike & scooter rack recently.

Anything left in the rack is done so at your own risk to so please ensure scooters and bikes are locked up securely. Please could we also remind all children that if they come to school on their scooter or bike they should be wearing a properly fitted safety helmet and should not ride it across the car park.







Huge congratulations and a warm welcome to Mrs Limmage and Mrs Thomas who both join us as Teaching Assistants in our Nursery.

# Reminders

# <u>Year 4 Victorian Day – Friday 24th March</u>

The day will include a timetable of activities that will allow the children to experience a typical day in the life of a Victorian school.

We would like the Year 4 children to dress up as Victorian school children as we feel this will add to their enjoyment of the day. Please refer to the letter sent home previously for easy costume ideas.

# **Safeguarding Spotlight**

# Mental Health

What is mental health?

Mental health is about how we think, feel and act. Just like physical health: everybody has it and we need to take care of it.

Our mental health is on a spectrum, and can range from good to poor.

Good mental health can help you to think positively, feel confident and act calmly.

If you have poor mental health, you might find that the way you're thinking, feeling or acting becomes difficult to cope with. You might not enjoy things you used to like doing. You might feel sad or angry for a longer time than usual. Or you might feel like you can't control how you feel or behave.

https://www.mind.org.uk/information-support/for-children-and-young-people/understanding-mentalhealth/





# **Easter Activities**

We will be celebrating Easter this year with our two traditional Easter activities for each key stage:

On Thursday 30<sup>th</sup> March at 1.30pm, Reception, Year 1 and Year 2 children will go out on our Easter Bonnet parade. The children will need a decorated hat to wear. Bonnets can be either made at home or purchased very cheaply from shops e.g. Poundland. The parade leads round the local area and we would love to see parent/carers and grandparents lining the route to wave at the children.

On Friday 31<sup>st</sup> March, the children in Years 3, 4, 5 and 6 are able to enter our decorated egg box competition. Children are able to use their creativity to choose a theme to decorate their egg box (the maximum dimensions for the box are 30cm x 30cm x 30cm). In the afternoon the KS2 children will have a fun competition rolling their eggs down the bank in the playground. Please ensure all eggs are hard-boiled. There will be prizes for the best designs.

This year there will be no Easter Discos.











Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."

# What parents need to know about

EXPOSING YOUR CHILD'S EXACT LOCATION The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about unloading impages and videos to 'Our vebsite about uploading images and videos to 'Our Story' stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose!." When uploading to 'Our Story' your child's image or video could appear in "Search results and Stories on or off Snapchat-today or in the future."

# LENS EXPLORER

LENS EXPLORER The 'Lens Studio' on Snapchat gives users the freedom to use their imagination to design their own filters for themselves and others to use. Snapchat states that the lenses users create "must comply with our Lens Studio Submission Guidelines and Community Guidelines and must be appropriate for Snapchatters ages 13+." The 'Lens Explorer' in the app now enables users to choose from thousands of these creations to alter their snaps. Anyone can create a lens for Snapchat, which gives opportunities for age-inappropriate content to opportunities for age-inappropriate content to be uploaded.

# **SCREENSHOTS & SAVED**

SCREENSHOTS & SAVED MESSAGES While Snapchat's gimmick is that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust. They may also accidentally send an image or message to somebody who they do not trust. Simply by pressing and holding a message, the user is able to save a message they have received, which can be screenshotted or used against them at a later date. against them at a later date.

# **SNAPSTREAKS & ADDICTION**

'Snap Streaks' are gained when snaps have been sent back and forth consecutively between friends. sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved high Snap Streaks, by gifting emojis, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships. themselves and their friendships.

# SEXTING

GE RESTR

Due to 'Snaps' disappearing, (users can even send a one-second photo or video), Snapchat has become the chosen platform for children and young people to send sexually explicit images or 'selfies.' Once a photo/video has been screenshotted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.

# **SNAP ORIGINALS**

Through 'Snap Originals', users can watch content which has been created by Snapchat on the app, including comedy shows, drama, news and more. Additionally, there are new lenses and filters available, inspired by the 'snap originals' shows. This is another feature to encourage addiction.

Top Tips for Parents

# THE RISKS OF SEXTING

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# REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

National

Online

Safety

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# **USE'GHOST MODE'**

# HOW TO DELETE A MESSAGE

# TURN OFF 'QUICK ADD'

on the app. This is r is in their phone nup re. This can be do

# **RESTRICT STORY VIEWS**



A whole school community approach to online safety www.nationalonlinesafety.com Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061

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