## **Loatlands Edition**

### **Respect, Resilience and Curiosity**

Issue 19 – Friday 5<sup>th</sup> February www.loatlandsprimary.net

#### **School Superheroes and Home learning Heroes**

Well done to all of the children nominated this week for School Superstar and Home Learning Hero from each class. Certificates will be handed out on Friday to the School Superstar and emailed home for the Home Learning Hero.

Loatlands Primary School

7 <u>Class</u>	School Superstar	Home Learning Hero	0
Donaldson	Olivia	Maya and Arthur	7
Rosen	Oliver D	Bella and Ivy-Rose	
Ahlberg	Lawson	Arabella	
Jeffers	Evelyn	Callum and Leighton	
Dahl	Daisy	Jensen and Lily-May	
Milne	Sophie Mc	Sam	Ò
Rowling	Sophia	Iris	
Morpurgo	Lottie and Martha	Lexi	~
S Cowell	Freya	Eleanor Ba	2
Lewis	Ethan W	John-Thomas	
Pullman		Alanna and Katy	
Wilson	Erin	Annis and Rubens	~
	Ellison	Leonie	
Tolkien	Myles	Maisy	

#### Face Masks

Please can we remind parents that facemasks should be worn, unless you are exempt, on the school premises. They should cover both your mouth and nose. Thank you

#### Friday 12th February

A reminder that Friday 12<sup>th</sup> February is a normal school day (the training day was amended to Friday 18<sup>th</sup> December 2020)

#### Vehicle Gate

Please can we remind parents not to block the vehicle gate to drop off/collect children as this is our emergency exit. Thank you



#### **Oscar James Estate Agents**

A reminder that Oscar James Estate agent teams are happy to print off your children's worksheets and school documents. Just email these over to your local branch (see below) and pop over to collect them.

Please make sure you include a name in your email.

Corby - corby@oscar-james.com Kettering - kettering@oscar-james.com Northampton - northampton@oscar-james.com Market Harborough - marketharborough@oscar-james.com



#### Youth Works - Parent and young person workshops



Over the next ten weeks Youth Works Northamptonshire will be offering a series of zoom workshops for parents and young people. Please see details below for the first 3 sessions and links to book places. This is open to anyone not just those living in Kettering.

Monday 8th Feb - Anxiety to register please visit Youth Works Anxiety

#### **Nurserv News**

The children have really enjoyed looking for creatures in the garden this week. On one occasion a ladybird was discovered, we were so proud of the children reminding each other of our Forest School rule 'keep nature safe' as they gently took turns to hold it without any adult support. We took a closer look at its spots under the microscope which the children found fascinating and many interesting ideas and questions were shared. The children really enjoyed using the microscope and found lots of other natural treasures to investigate, each one had a different pattern. What patterns can you spot in nature? Have a lovely weekend

The Nursery Team







#### P E at Home: Week 4

During this lockdown, each week Jack from Finding Fitness Ltd will be releasing a video with five sporting challenges which children, and indeed parents, can do in the house or garden. We hope you enjoy the challenges. Feel free to leave feedback and to make up your own variations of the challenges. https://www.finding-fitness.co.uk/services/pe-at-home/

#### Nursery Registrations

We have limited spaces still available in our nursery unit for September 2021 for children born between 1/9/17 and 31/8/18. To register, please email <u>parents@loatlandsprimary.net</u> or telephone 01536 506404.

#### <u>Resources available</u>







# HOW TO SUPPORT YOUR CHILD IF THEY FEEL WORRIED OR ANXIOUS ABOUT CORONAVIRUS



Encourage them to talk about how they are feeling and what they are thinking



Find a time each day where you can engage in an activity that brings about a sense of calmness and relaxation



Reassure them and let them know that it is okay to feel worried or anxious about what is going on

🥑 @BELIEVEPHQ



Support and work with them to identify things that they can that do which will make them feel less worried



If they feel anxious support them to breathe slowly and deeply. Get into a regular rhythm



Help them organise their week. Schedule things in with them that can bring them a sense of pleasure and achievement



Work with your child to problem solve and help them to find a solution to manage practical worries



Maintain a routine with them. This helps reduce disruption and bring back a sense of control



Support them to look after their physical health (eating a balanced diet, being active and looking after their sleep)



Use visualisation as a way to help your child imagine being in a safe and happy place. Make sure they use all their senses



#### Term Dates 2020-2021

Term 3 Term starts Term ends

Term 4 Term starts Term ends

Term 5 Term starts Term ends

Term 6 Term starts Term ends Training Day Friday 28 May

Monday 12 April

Monday 4 January 2021

Friday 12 February

Monday 22 February

Friday 26 March

Monday 7 June Friday 23 July Monday 26 July

#### Term Dates 2021-2022

#### Term 1

Training Day Term starts Term ends Wednesday 1 September 2021 Thursday 2 September Friday 15 October

Term 2 Training Day Term starts Term ends

Term 3 Training Day Term starts Term ends

Term 4 Term starts Term ends Training Day

**Term 5** Term starts Term ends

Term 6 Term starts Term ends Training Day Monday 1 November Tuesday 2 November Wednesday 22 December

Tuesday 4 January 2022 Wednesday 5 January Friday 11 February

Monday 21 February Friday 1 April Monday 4 April

Tuesday 19 April Friday 27 May

Monday 6 June Friday 22 July Monday 25 July

NHS

HM Government

## **STAY AT HOME**

- Only leave home for food, medical reasons, exercise or work
- Work from home unless you are unable to do so
- Do not travel unless necessary
- Essential shops will remain open
- Schools will remain open for vulnerable children and the children of critical workers. All other children will learn remotely until February half term.

Find the latest guidance and exemptions at gov.uk/coronavirus

STAY HOME > PROTECT THE NHS > SAVE LIVES